

# Better Homes and Gardens®

healthy you **FITNESS**

## Brake the Cycle

Summer isn't summer without the freedom of two wheels. And the newest bicycles are better designed than ever.

The exercise and fair-weather enjoyment bicycles have provided over the years has remained remarkably

constant. But that doesn't mean everything remains unchanged about them—for example, features that were once expensive or rare are now often affordable

and easy to find. Here are three of our favorite new designs hitting cycling paths near you.



### TRUNK TO TRAIL

All SwissBike models by Montague Corporation have simple mechanisms allowing the frame to be folded; this makes it easy to stow them in your trunk, boat, or RV. The TX model is as comfortable on trails as it is on city streets. About \$600. [swissbike.com](http://swissbike.com)